

NLT

15 This High Priest of ours understands our weaknesses, for he faced all of the same testings we do, yet he did not sin.

16 So let us come boldly to the throne of our gracious God. There we will receive his mercy, and we will find grace to help us when we need it most.



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Psalm 69
Bring Your
Heart To God

1. Bring Your Overwhelmed Heart To God

(V1-6)



- 1. Bring Your Overwhelmed Heart To God (v1-6)
- 2. Bring Your Lonely Heart To God (v7-18)



It is not easy to bear reproach. God's soldiers are often falsely accused and lied about. When this happens to you, remember that it also happened to David and to Jesus. You are in good company!

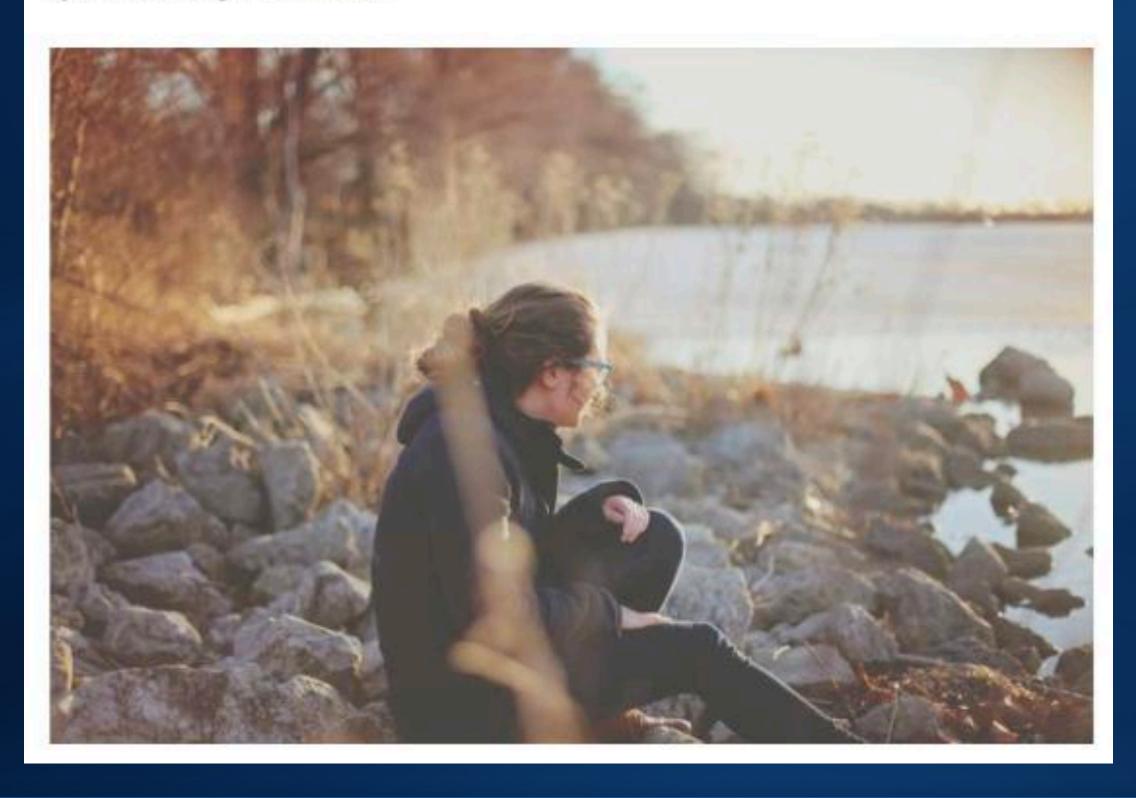
Warren Wiersbe, With the Word Bible Commentary



① APRIL 25, 2022

More people are struggling with loneliness than diabetes, US surgeon general says

by Daniel Chang, Miami Herald



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- 1. Bring Your Overwhelmed Heart To God (v1-6)
- 2. Bring Your Lonely Heart To God (v7-18)
- 3. Bring Your Broken Heart To God (v19-28)



Mark 9:41

NLT

If anyone gives you even a cup of water because you belong to the Messiah, I tell you the truth, that person will surely be rewarded.

Psalm 69
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Luke 23

NLT

33 When they came to a place called The Skull, they nailed him to the cross. And the criminals were also crucified—one on his right and one on his left.

34 Jesus said, "Father, forgive them, for they don't know what they are doing." And the soldiers gambled for his clothes by throwing dice.

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Psalm 69
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- 1. Bring Your Overwhelmed Heart To God (v1-6)
- 2. Bring Your Lonely Heart To God (v7-18)
- 3. Bring Your Broken Heart To God (v19-28)
- 4. Let God's Promises Encourage Your Heart (v29-36)

Psalm 69
Bring Your
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4. Let God's Promises Encourage Your Heart
(v29-36)

It goes from prayer to praise, from reproach to rejoicing, because David poured out his heart to the Lord. No matter how painful your situation may be, tell God exactly how you feel.

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