

Ecclesiastes 9:1-10  
**Let God's Revelation Heal Your Cynical Depression**



## 1 Kings 11

NLT

**2** The Lord had clearly instructed the people of Israel, 'You must not marry them, because they will turn your hearts to their gods.' Yet Solomon insisted on loving them anyway.

**3** He had 700 wives of royal birth and 300 concubines. And in fact, they did turn his heart away from the Lord.

**4** In Solomon's old age, they turned his heart to worship other gods instead of being completely faithful to the Lord his God, as his father, David, had been.

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Ecclesiastes 9  
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Depression

## 1. You Can Know That God Will Show You Favor (v1-2)

**Grace:** Undeserved  
favor and kindness

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**1. You Can Know That God Will Show You Favor  
(v1-2)**



## Ephesians 2

NLT

**4** But God is so rich in mercy, and he loved us so much,

**5** that even though we were dead because of our sins, he gave us life when he raised Christ from the dead. (It is only by God's grace that you have been saved!)

**6** For he raised us from the dead along with Christ and seated us with him in the heavenly realms because we are united with Christ Jesus.

**7** So God can point to us in all future ages as examples of the incredible wealth of his grace and kindness toward us, as shown in all he has done for us who are united with Christ Jesus.

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**1. You Can Know That God Will Show You Favor**  
**(v1-2)**



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## 1. You Can Know That God Will Show You Favor (v1-2)

## Romans 5

NLT

**1** Therefore, since we have been made right in God's sight by faith, we have peace with God because of what Jesus Christ our Lord has done for us.

**2** Because of our faith, Christ has brought us into this place of undeserved privilege where we now stand, and we confidently and joyfully look forward to sharing God's glory.

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**1. You Can Know That God Will Show You Favor  
(v1-2)**



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1. You Can Know That God Will Show You Favor (v1-2)
2. Understand That There Are Differing Futures (v2-3)

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## 2. Understand That There Are Differing Futures (v2-3)



## Matthew 5

NLT

**43** “You have heard the law that says, ‘Love your neighbor’ and hate your enemy.

**44** But I say, love your enemies! Pray for those who persecute you!

**45** In that way, you will be acting as true children of your Father in heaven. For he gives his sunlight to both the evil and the good, and he sends rain on the just and the unjust alike.

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**2. Understand That There Are Differing Futures**  
**(v2-3)**



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## 2. Understand That There Are Differing Futures (v2-3)



## John 3

NLT

**16** “For this is how God loved the world: He gave his one and only Son, so that everyone who believes in him will not perish but have eternal life.

**17** God sent his Son into the world not to judge the world, but to save the world through him.

**18** “There is no judgment against anyone who believes in him. But anyone who does not believe in him has already been judged for not believing in God’s one and only Son.

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**2.** Understand That There Are Differing Futures  
(v2-3)



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## 2. Understand That There Are Differing Futures (v2-3)



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1. You Can Know That God Will Show You Favor (v1-2)
2. Understand That There Are Differing Futures (v2-3)
3. View This Life As Time To Prepare For Eternity (v4-6)

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**3. View This Life As Time To Prepare For Eternity**  
**(v4-6)**



## Philippians 1

NLT

**21** For to me, living means living for Christ, and dying is even better.

**22** But if I live, I can do more fruitful work for Christ. So I really don't know which is better.

**23** I'm torn between two desires: I long to go and be with Christ, which would be far better for me.

**24** But for your sakes, it is better that I continue to live.

**25** Knowing this, I am convinced that I will remain alive so I can continue to help all of you grow and experience the joy of your faith.

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**3. View This Life As Time To Prepare For Eternity**  
**(v4-6)**



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**(v4-6)**



## Luke 16

NLT

**24** “The rich man shouted, ‘Father Abraham, have some pity! Send Lazarus over here to dip the tip of his finger in water and cool my tongue. I am in anguish in these flames.’

**25** “But Abraham said to him, ‘Son, remember that during your lifetime you had everything you wanted, and Lazarus had nothing. So now he is here being comforted, and you are in anguish.’

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**(v4-6)**



## Luke 16

NLT

**27** “Then the rich man said, ‘Please, Father Abraham, at least send him to my father’s home.

**28** For I have five brothers, and I want him to warn them so they don’t end up in this place of torment.’

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## Matthew 6

NLT

**19** “Don’t store up treasures here on earth, where moths eat them and rust destroys them, and where thieves break in and steal.

**20** Store your treasures in heaven, where moths and rust cannot destroy, and thieves do not break in and steal.

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4. Balance Temporary Pleasure And Eternal Preparation (v7-9)

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## **4. Balance Temporary Pleasure And Eternal Preparation (v7-9)**



**16** Then he told them a story: “A rich man had a fertile farm that produced fine crops.

**17** He said to himself, ‘What should I do? I don’t have room for all my crops.’

**18** Then he said, ‘I know! I’ll tear down my barns and build bigger ones. Then I’ll have room enough to store all my wheat and other goods.

**19** And I’ll sit back and say to myself, “My friend, you have enough stored away for years to come. Now take it easy! Eat, drink, and be merry!” ’

**20** “But God said to him, ‘You fool! You will die this very night. Then who will get everything you worked for?’

**21** “Yes, a person is a fool to store up earthly wealth but not have a rich relationship with God.”



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## **4. Balance Temporary Pleasure And Eternal Preparation (v7-9)**



## 1 Timothy 6

NLT

**17** Teach those who are rich in this world not to be proud and not to trust in their money, which is so unreliable. Their trust should be in God, who richly gives us all we need for our enjoyment.

**18** Tell them to use their money to do good. They should be rich in good works and generous to those in need, always being ready to share with others.

**19** By doing this they will be storing up their treasure as a good foundation for the future so that they may experience true life.

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**4. Balance Temporary Pleasure And Eternal Preparation**  
**(v7-9)**



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## **4. Balance Temporary Pleasure And Eternal Preparation (v7-9)**



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4. Balance Temporary Pleasure And Eternal Preparation (v7-9)
5. Make The Most Of Every Opportunity In This Life (v10)

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**5. Make The Most Of Every Opportunity In This Life**  
**(v10)**



## John 9

NLT

**4** We must quickly carry out the tasks assigned us by the one who sent us. The night is coming, and then no one can work.

**5** But while I am here in the world, I am the light of the world.”

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**5. Make The Most Of Every Opportunity In This Life**  
**(v10)**



## Ephesians 5

NLT

**15** So be careful how you live.  
Don't live like fools, but like  
those who are wise.

**16** Make the most of every  
opportunity in these evil days.

**17** Don't act thoughtlessly, but  
understand what the Lord  
wants you to do.

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**5. Make The Most Of Every Opportunity In This Life**  
**(v10)**



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**5. Make The Most Of Every Opportunity In This Life**  
**(v10)**

Warren Wiersbe, With the Word

Life is unpredictable, but it need not be irrational. Let God give you wisdom to use each day profitably for His glory. The thought of death should energize you, not paralyze you.

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## 1 Corinthians 15

NLT

**56** For sin is the sting that results in death, and the law gives sin its power.

**57** But thank God! He gives us victory over sin and death through our Lord Jesus Christ.

**58** So, my dear brothers and sisters, be strong and immovable. Always work enthusiastically for the Lord, for you know that nothing you do for the Lord is ever useless.



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